

LMES—LUNCH

SEPTEMBER

TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Important Information:
<p>Cafeteria Manager: Keysa Bice Contact: 706-857-6130</p> <p>School Nutrition Director: Brandie Wooten Contact: bwooten@chattooga.k12.ga.us or 706-859-3054</p> <p>Menu subject to change without notice.</p> <p>This institution is an equal opportunity provider.</p>			<p>1</p> <p>Chicken Tender Wrap Fried Okra Baby Carrots w/ Ranch Assorted Fruit Choice of Milk</p>	<p>2023-2024 Student Meal Prices:</p> <p>Elementary Students</p> <p>Full-Price Lunch: \$2.00 Reduced-Price Lunch: \$0.40</p> <p>*Students will be charged at the Full-Price rate until a meal application is received and approved.</p> <p>Payments can be made in cash, check, or online at: Linqconnect.com</p>
<p>5</p> <p>BBQ Sandwich Broccoli, Cauliflower, & Carrots w/ Ranch Baked Beans Assorted Fruit Choice of Milk</p>	<p>6</p> <p>Philly Cheese Steak Sandwich w/ A1 Roasted Corn & Black Beans Chips Assorted Fruit Choice of Milk</p>	<p>7</p> <p>Pizza Side Salad w/ Dressing Green Beans Assorted Fruit Choice of Milk</p>	<p>8</p> <p>Bacon Cheeseburger Potato Smiles Coleslaw Assorted Fruit Choice of Milk</p>	
<p>GRANDPARENT'S DAY! 12</p> <p>Homestyle Tacos w/ Flour Tortilla, Shredded Cheese, Taco Sauce</p> <p>Lettuce/Tomato Refried Beans Corn Assorted Fruit & Choice of Milk</p>	<p>GRANDPARENT'S DAY! 13</p> <p>Spaghetti w/ Garlic Bread</p> <p>Side Salad w/ Dressing Green Beans Fruit Choice of Milk</p>	<p>14</p> <p>Chicken Sandwich</p> <p>Side Salad w/ Dressing Sweet Potato Tots Sherbet/Slushie Assorted Fruit & Choice of Milk</p>	<p>15</p> <p>Sweet & Sour Chicken w/ Fried Rice Roasted Vegetables Egg Roll Fortune Cookie Assorted Fruit & Choice of Milk</p>	<p>*Serving size for each menu item:</p> <p>Vegetables—3/4 cup minimum</p> <p>Fruit—3/4 cup minimum</p> <p>Milk—1 cup</p> <p>Meat/Meat Alt.—1 oz minimum</p> <p>Grains—1 oz minimum</p>
<p>19</p> <p>Pizza Green Beans Salad w/ Dressing Assorted Fruit Choice of Milk</p>	<p>20</p> <p>Country Fried Steak & Gravy Pinto Beans Cornbread Assorted Fruit Choice of Milk</p>	<p>21</p> <p>Hotdog Chips Baked Beans Okra Assorted Fruit & Choice of Milk</p>	<p>22</p> <p>Chicken Alfredo w/ Garlic Bread Side Salad w/ Dressing Corn Assorted Fruit Choice of Milk</p>	
<p>26</p> <p>Meatball Marinara Sub Broccoli w/ Cheese Chips Assorted Fruit Choice of Milk</p>	<p>27</p> <p>Chili/Cheese Nachos Sweet Potatoes Sherbet/Slushie Assorted Fruit Choice of Milk</p>	<p>28</p> <p>Parmesan Chicken & Spaghetti Garlic Toast Baby Carrots w/ Ranch Assorted Fruit Choice of Milk</p>	<p>29</p> <p>Pizza Corn Salad w/ Dressing Assorted Fruit Choice of Milk</p>	